



Assisi Grief & Bereavement Care

Bereavement Counselling

If you are grieving the loss of a loved one and...

- ✿ hope to talk about your feelings with a person trained
 - ✿ in grief and bereavement counselling
 - ✿ feel puzzled, angry, sad about the loss
 - ✿ regret what was done or not done
- ✿ feel something is “unfinished”, and hope to find peace or closure
- ✿ feel overwhelmed and unable to cope alone

You may wish to speak with our counsellor

Enquiry for support :

WhatsApp us at 9787 9890

or

Leave us a message via QR code



Visit us at www.assisihospice.org.sg



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丧亲关怀辅导

如果您正面对失去亲人的哀伤并。。。

- ❁ 希望能与一位中立并接受过悲伤与丧亲辅导培训的专业人员谈谈您的情绪
 - ❁ 对失落感觉迷茫，生气，哀伤
 - ❁ 对所做的或来不及做的感到愧疚
- ❁ 感觉心情“未了”，希望寻找“完结感”或内在的平静
 - ❁ 难以独自面对悲伤的情绪

您可以与我们的辅导员谈谈

询问方式:

WhatsApp 我们： 9787 9890

或

扫描二维码给我们留言



我们的网址：www.assisihospice.org.sg